

Print out these great coupons for the months of July & August at the Allied Institute of Wellness!



ALLIED
institute of wellness

1 Free Week of Fitness Classes!

Present this coupon for one free week of either the Functional Level Fitness classes or the Intermediate Level Fitness classes.

This coupon does not include a fitness assessment or T-shirt package. This particular coupon has a limit of one per person. **Expires 08/31/11**



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10% Off One of Our Programs!

Present this coupon for 10% off any of our programs.

Present coupon at time of payment. **Expires 08/31/11**